

## ANNUAL ASTHMA UPDATE

Name: \_\_\_\_\_ Grade: \_\_\_\_\_

School: \_\_\_\_\_

**\*\* The following information is to be completed and signed by the parents and physician at the beginning of each school year.**

**Medical Condition: Asthma**

Frequency of Attacks:  1-10 times weekly       1-10 time monthly       rarely  
 No problems since (Year) \_\_\_\_\_

Causes of Asthma Attacks:  Allergens       Exercise       Weather       Unknown

Use of Medication: Type \_\_\_\_\_  
Frequency \_\_\_\_\_

Does your child use a peak flow meter?  Yes       No      Range \_\_\_\_\_

**\*\* If your child requires oral medication or an inhaler in school this medication must be brought to the school clinic and a medication permission slip signed by the parent or guardian.**

### Release of Information

Dr. \_\_\_\_\_,

I hereby authorize the release of medical information regarding asthma for my son/daughter \_\_\_\_\_, date of birth \_\_\_\_\_. It is my understanding that such information is to be kept confidential and will be used to assist the school in making the necessary health care provisions during the school day.

Parent signature: \_\_\_\_\_ Date: \_\_\_\_\_

Current Medical Dx: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Student may carry inhaler:  Yes       No \* Not recommended for students under grade 6

Activity Restrictions: \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_